SENIORS IN CENTRAL TEXAS: A DEMOGRAPHIC OVERVIEW

Aging Advisory Committee
November 1, 2021
Presentation Overview

- Total Senior Population
- Age Distribution & Growth by Age Group
- Variation by County
- Race and Ethnicity
- Female/Male Ratio
- Disability Status
- Language
- Economic Conditions
Total Senior Population

424,787 residents age 60 or older

- 126,004 residents aged 60-64
- 105,888 residents aged 65-69
- 82,938 residents aged 70-74
- 50,979 residents aged 75-79
- 30,255 residents aged 80-84
- 28,723 residents aged 85+
% Over 60

- 60+: 16%
- 65+: 11%
- 75+: 4%

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% 65+ by County
Growth by Age Group

2015-2019 compared to 2009-2014

- <18: 8%
- 18-59: 13%
- 60+: 31%
- Total: 15%
Gender Ratio by Age

Ratio of Women to Men

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Ratio</th>
</tr>
</thead>
<tbody>
<tr>
<td>60-64</td>
<td>1.1</td>
</tr>
<tr>
<td>65-69</td>
<td>1.1</td>
</tr>
<tr>
<td>70-74</td>
<td>1.2</td>
</tr>
<tr>
<td>75-79</td>
<td>1.1</td>
</tr>
<tr>
<td>80-84</td>
<td>1.3</td>
</tr>
<tr>
<td>85+</td>
<td>1.9</td>
</tr>
</tbody>
</table>

60-64: Light pink
65-69: Light red
70-74: Red
75-79: Dark red
80-84: Maroon
85+: Dark maroon

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Disability Status by Age

- Any Disability
- Cognitive
- Ambulatory
- Vision
- Self-Care
- Independent Living

65-74:
- Any Disability: 23%
- Hearing: 9%
- Cognitive: 14%
- Independent Living: 14%
- Ambulatory: 4%
- Vision: 4%
- Self-Care: 6%

75+:
- Any Disability: 47%
- Hearing: 22%
- Cognitive: 14%
- Independent Living: 14%
- Ambulatory: 9%
- Vision: 9%
- Self-Care: 13%

65+:
- Any Disability: 20%
- Hearing: 14%
- Cognitive: 9%
- Independent Living: 7%
- Ambulatory: 6%
- Vision: 9%
- Self-Care: 13%
Senior Poverty Rates

- 7.2% for 65+
- 6.8% for 65-74
- 7.8% for 75+

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Veteran Status by Age and Sex

- **55-64**
  - Men: 19%
  - Woman: 2%
  - Total: 10%

- **65-74**
  - Men: 40%
  - Woman: 1%
  - Total: 19%

- **75+**
  - Men: 49%
  - Woman: 1%
  - Total: 21%

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Language Spoken at Home 65+

- Spanish Spoken at Home: 13%
- Spanish Spoken at Home, Does Not Speak English "Very Well": 5%
- Other Indo-European Language Spoken at Home: 4%
- Asian and Pacific Island Languages Spoken at Home: 3%
Owns v. Rents Home

Age of Householder

<table>
<thead>
<tr>
<th>Age Range</th>
<th>Owns Home</th>
<th>Rents Home</th>
</tr>
</thead>
<tbody>
<tr>
<td>60-64</td>
<td>79%</td>
<td>21%</td>
</tr>
<tr>
<td>65-74</td>
<td>82%</td>
<td>18%</td>
</tr>
<tr>
<td>74-84</td>
<td>81%</td>
<td>19%</td>
</tr>
<tr>
<td>85+</td>
<td>63%</td>
<td>37%</td>
</tr>
</tbody>
</table>
Housing Cost as % of Income
Seniors in the Capital Area

- 1 out of 6 residents are 60+, higher in rural areas
- Faster than all other age groups
- Increasing racial/ethnic diversity over time
- Significant sex gap as age increases
- 1 out of 3 have a disability
- 1 out of 5 are veterans
- 1 out of 5 do not speak English at home
- 1 out of 4 have high housing cost burden
- 1 out of 3-5 seniors rent
- 1 out of 14 are in poverty
Thank You

Capital Area Council of Governments

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