



Texans' Views and Experiences with End-of-life Issues

June 14, 2023



Statewide Survey

To better understand Texans' health care experiences, end-of-life priorities, and experiences and barriers around end-of-life care.

- Online representative panel by YouGov N=2,181
- Address based sampling in Travis and Williamson Co. N=124
- 18 years and older

The survey includes N=2,305 Texans:

- N = 725 Latino Texans
- N = 284 Black Texans
- N = 194 Asian American/Pacific Islander Texans
- N = 902 adults who had a loved one die in Texas in the past two years

**PERRY
UNDEM**



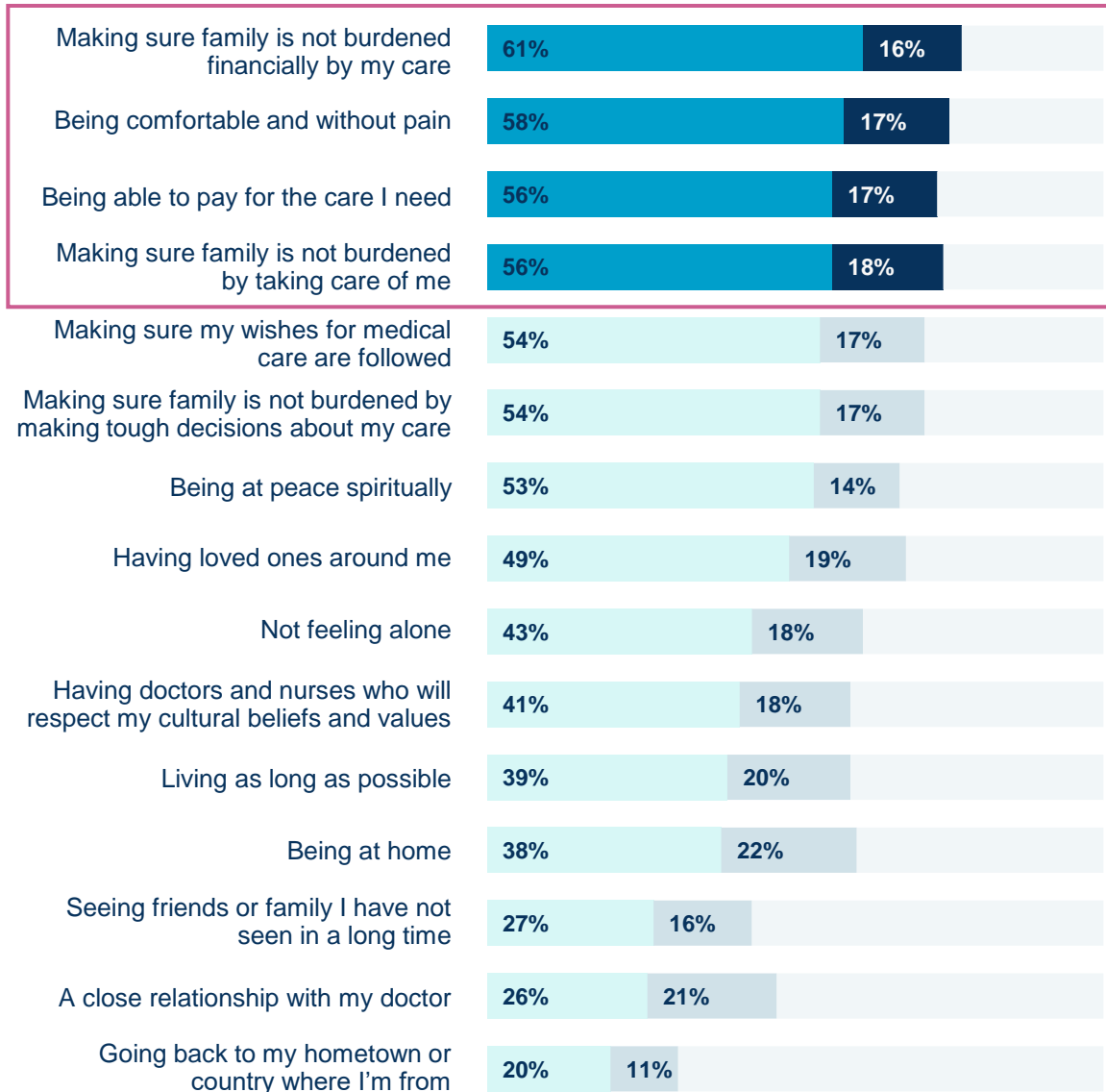
KEY TAKEAWAY #1

A majority of Texans are on the same page when it comes to their end-of-life preferences.

How important is each of the following to you at the end of your life?

On a 1 to 7 scale, not at all to extremely important

■ 7 (extremely important) ■ 6



The top end-of-life priorities include not burdening family, being without pain, and being able to afford care.

**Most Texans
say they
prefer to die
at home.**



If given a choice at the end of your life, where would you want to be when you die?

76%

Prefer to die at home

10% in the hospital

6% in a hospice facility

2% in a nursing home or skilled nursing facility

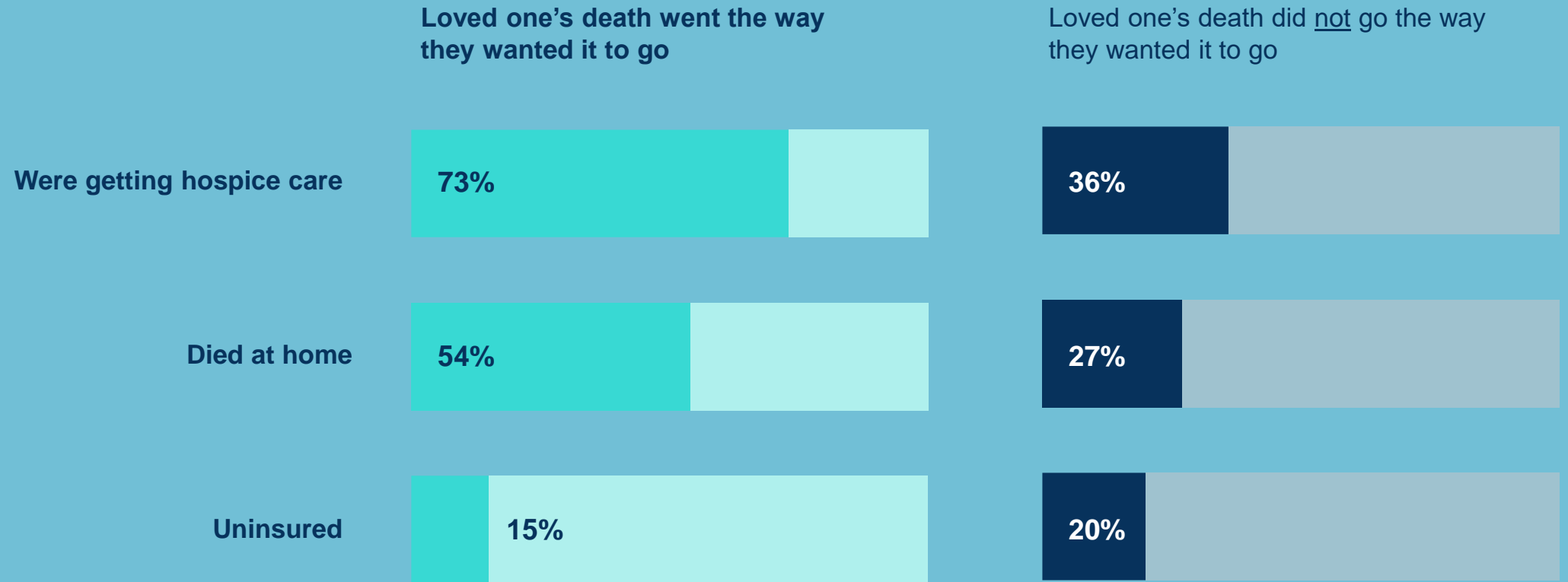
2% in an assisted living facility

5% somewhere else

KEY TAKEAWAY #2

Despite shared preferences, just a third (37%) say their loved one's end-of-life went the way they wanted.

Insurance status, location and hospice care were associated with better experiences.



Loved one was not getting hospice care

Loved one was getting hospice care



Loved one's end-of-life went how they wanted



Loved one was prepared to deal with their illness as it got worse



Loved one's wishes were completely followed and honored



Care loved one received was excellent/very good



Providers were excellent/very good at understanding and respecting cultural values and beliefs



Providers talked with loved one about how to make their loved one's life better as they lived with their illness



Providers took your loved one's concerns seriously



Providers asked what was most important for their loved one as they lived their life with illness



Loved one died where they wanted

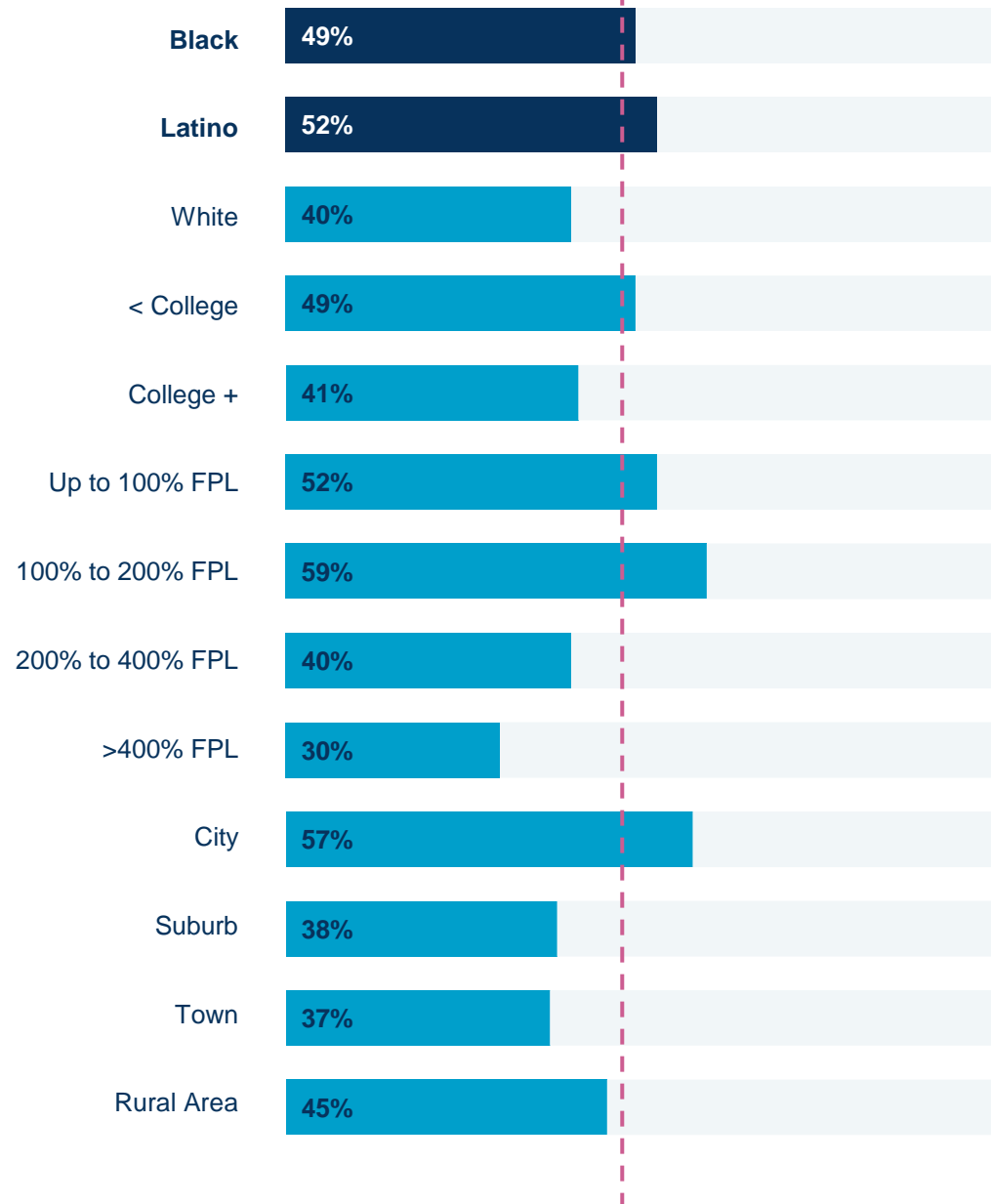


Providers did everything they could to help with pain and side effects

Hospice significantly improved experiences.

47%
TOTAL

Who Say Their Loved One Faced Some Type of Challenge Related to End-of-life Care



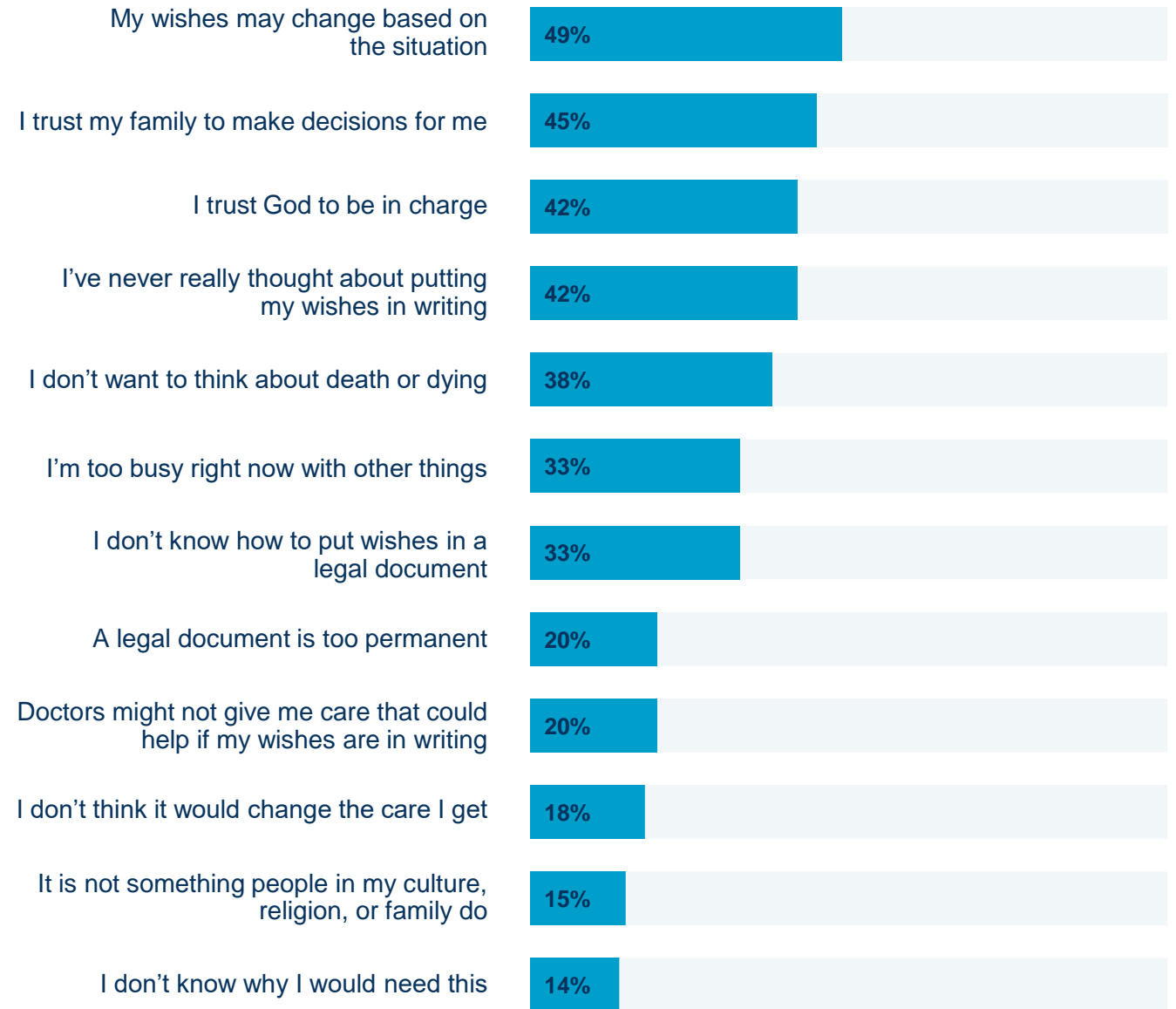
Black and Latino respondents report more challenges related to end-of-life care.

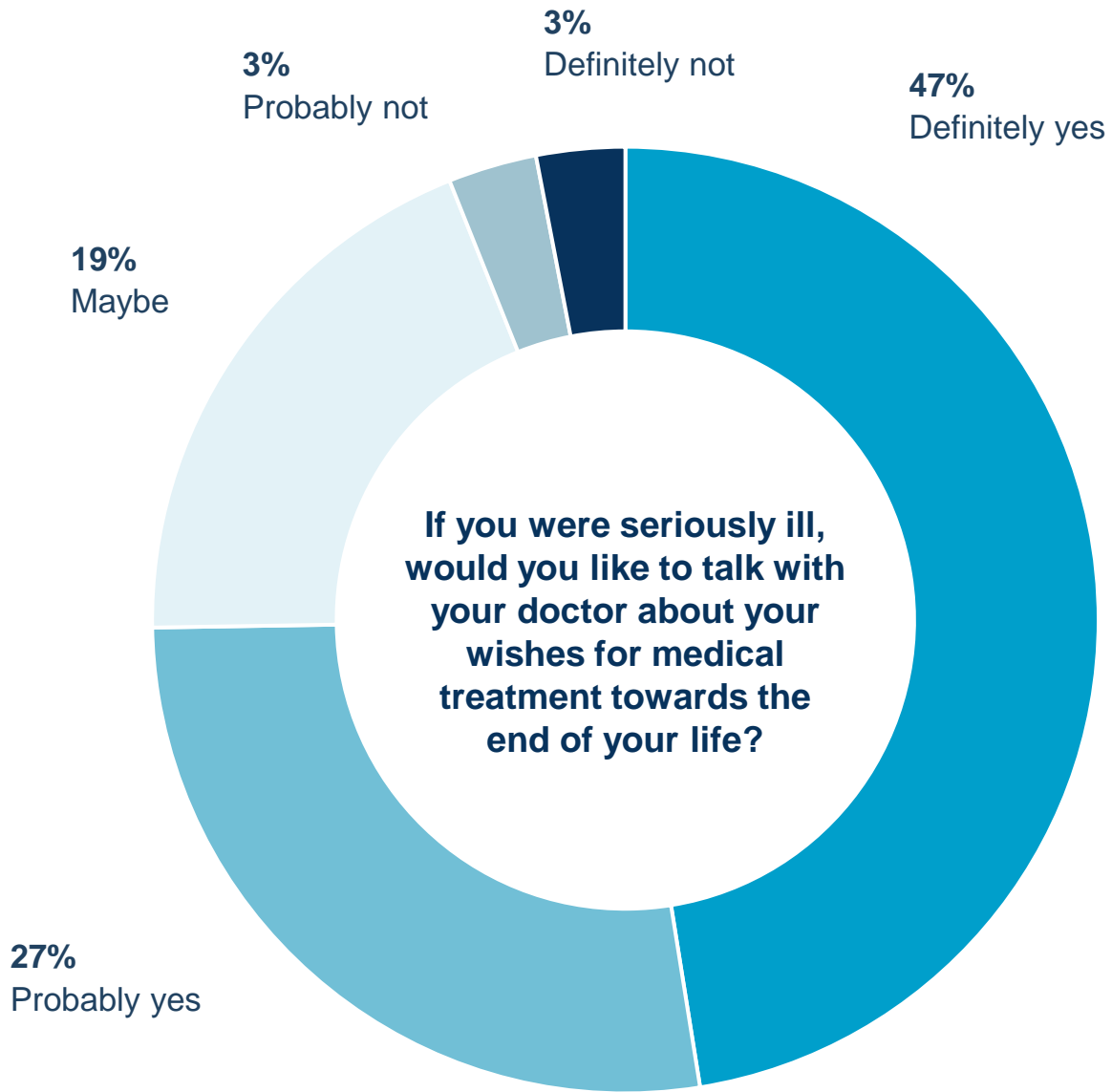
KEY TAKEAWAY #3

**Most Texans lack preparation
for end-of-life care and decisions.**

Majority of respondents believe it's important to have wishes in writing yet less than half (39%) actually do.

A reason I don't have my wishes in writing

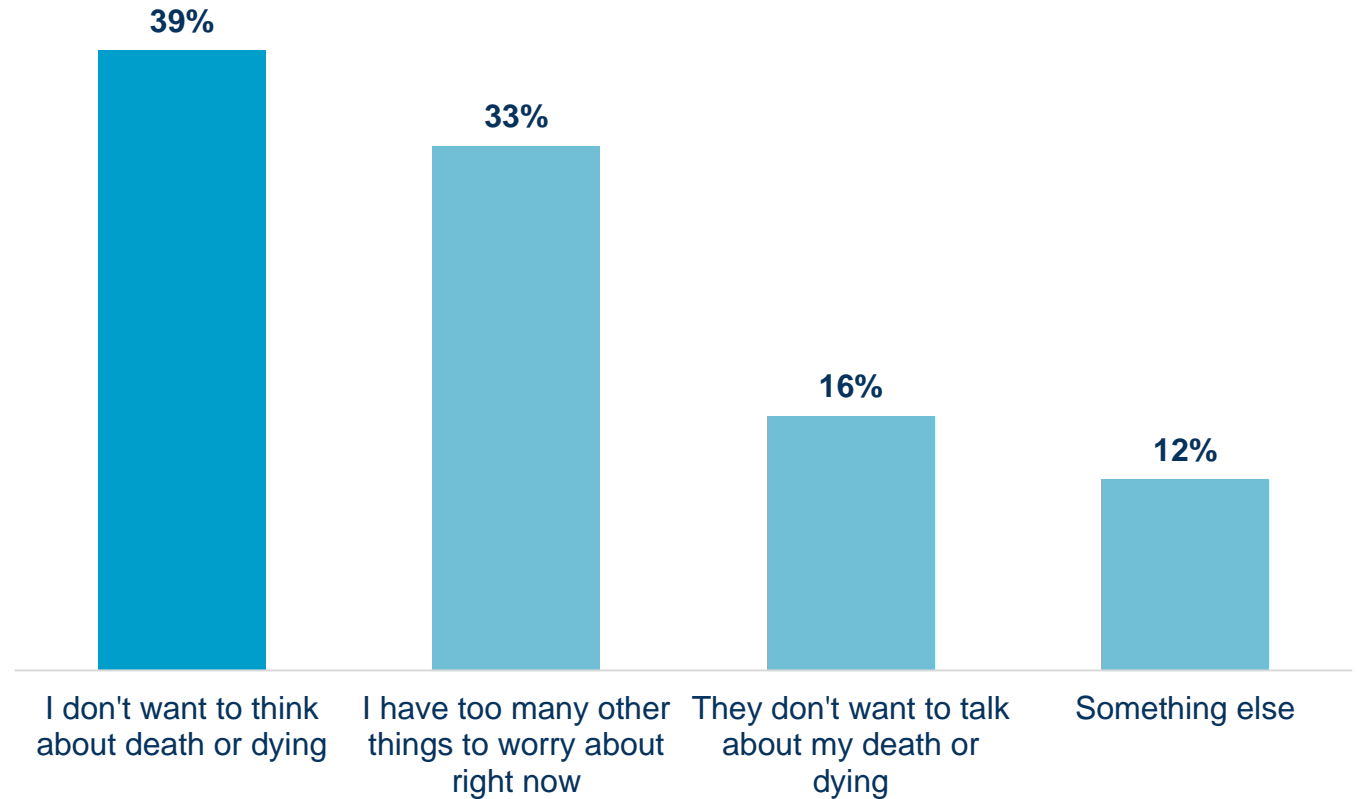




Vast majority want to have conversations with their doctors (75%) yet very few have had their providers initiate a conversation about it (17%).

Most people want family to make decisions about their care but over half (53%) have not had a conversation with them about the medical care they'd want.

What would you say is the **MAIN REASON** you have not talked with them about this?



These gaps in preparation for end-of-life care and decision-making are tied to trust in the health care system.

How often do you trust your health care providers to treat you with dignity and respect?

Always or almost always

Most of the time

Some of the time

Not much/never/ almost never

Would definitely like to talk with health care provider about wishes around end-of-life care

86%

77%

59%

44%

Would turn to health care provider to learn more about end-of-life care

59%

56%

41%

26%

TAKEAWAY #1

Texans are on the same page when it comes to their end of-of-life preferences.

TAKEAWAY #2

However, we see disparities in end-of-life experiences.

TAKEAWAY #3

Most Texans lack preparation for end-of-life care and decisions.

Thank you!



**St David's
FOUNDATION**

Questions?

Reflecting on the Findings

What resonated with you?

What surprised you? Why?

Opportunities

How might we move these conversations forward in our community?

Activating the Data

Who will you...

Share this report with?

Bring together for a conversation?

Connect with again from this room?